From the Principal ........

**Family Mass – All Saints Day**
Please make an effort to be at our last Family Mass for the year on this Sunday, 1 November, All Saints Day. Thanks to the families from Xavier School who have offered to be involved in the ministries and the music for this Mass. This is a great opportunity to join the Parish community in praying as well as supporting the Catholic faith of your children.

**Obstacle Fun Run Challenge – Tomorrow 1.30pm**
All students are participating in the P&F Obstacle Fun Run Challenge on the senior oval from 1.30pm followed by the prize presentation at 2.45pm. This is the last chance to bring all sponsorship money and completed entry tickets first thing tomorrow morning to be in the draws. **ALL students are to wear sports uniform and running shoes.**

**School Fee Statements**
The Term 4 school fee statements were sent out last week. You are asked to make payment a priority for this term to ensure that your account does not carry forward a large amount into the next school year thus making it more difficult to get ahead with your payments. It may be necessary for some families to assess their commitment to paying regular amounts by increasing their Direct Debit payments to cover this year’s fees and charges. For those families not on Direct Debit final date for payment of all fees and charges is Friday 27 November 2015. EFTPOS is now available in the front office for Cheque, Savings and Credit cards. If you are having difficulties meeting your commitments at this time please make an appointment to discuss this with the Principal.

**THOUGHTS ABOUT HELICOPTER PARENTS**
Our job as parents is to put ourselves out of a job. We need to know that our children have the wherewithal to get up in the morning and take care of themselves. So are you a helicopter parent? Here are some tests:

1. **Check your language.** “If you say ‘we’ when you mean your son or your daughter — as in, ‘We’re on the football team’ — it’s a hint to yourself that you are intertwined in a way that is unhealthy.
2. **Examine your interactions with adults in your child’s life.** If you’re arguing with teachers and principals and coaches and umpires all the time, it’s a sign you’re a little too invested. When we’re doing all the arguing, we are not teaching our kids to advocate for themselves.
3. **Stop doing their homework.** Enough said.

How can parents help their children become self-sufficient? Teach them the skills they’ll need in real life and give them enough leeway to practice those skills on their own. Have them do chores. Chores build a sense of accountability. They build life skills and a work ethic.

Julie Lythcott-Haims, author of "How to Raise an Adult: Break Free of the Over-parenting Trap and Prepare Your Kid for Success".

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**CALENDAR OF DATES**

**Friday 30 October**
8.10am Rock Band
1.30-2.45pm P&F Obstacle Fun Run Challenge followed by prize presentation
**Sunday 1 November**
All Saints Day
9.30am Xavier/Chi Rho Family Mass

**WEEK 4**
Monday 2 November
All Souls Day
Kindy Gold
8.45am Assembly
First Aid Incursion Yrs 2-5
Excursion to Scitech Yr 6
3-4pm After School Sports

**Tuesday 3 November**
9am Coffee & Chat Morning
Melbourne Cup

**Wednesday 4 November**
Japanese Students depart
3-4pm After School Sports

**Thursday 5 November**
9am Xavier Mums & Bubs
8.45-9.15am Yr.6 Parent Human Development Workshop in Xavier House

**Friday 6 November**
8.10am Rock Band
9am Japanese Incursion KG-6
2.30pm Assembly KG & Aussie of the Month (Oct)

**WEEK 5**
Monday 9 November
Kindy Blue
8.45am Assembly
1.30-3pm Jade Lewis Drug Education workshop with Years 4-6 (parents invited)
3-4pm After School Sports

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**Feast of All Saints 1st November**
**Feast of All Souls 2nd November**

God our Father, source of all holiness, the work of Your hands is manifest in Your saints, the beauty of your truth is reflected in their faith. May we who aspire to have a part in their joy be filled with the spirit that blessed their lives, so that having shared their faith on earth may we also know their peace in your kingdom. Grant this through Christ our Lord. Amen.
BUSY Bee
THANK YOU to the small but dedicated band of families and staff who turned up in ideal conditions to assist with the jobs around our school last Saturday. Special THANKS to the following families: J oh S lee and Sigourney; M ichael S lac k-Smith and S abrina Darcy-Ev ans; D amien Slatter y; L ily E scoto and Breanna; E mma Briggs and D alt on, Kiara and Leeu win; N athalie A lvaro and L ee; M addison Pullan, R ussell, Luke and Liam McCagh; H ana and Neisha T reasure; H ana Vit ale; H elen Les niak; M iss B oy nolds; M r Ham ersle y and M r D . Th anks also to K aren McCagh, K ate B ear and F iona C ooke for organising and baking for morning tea.

Japanese Cultural Exchange Program
Over the past two weeks our school and some families with students in Year 5 or 6 have hosted 6 students from Gunma Kokusai Academy, an English immersion school in Japan. The Japanese students have accompanied their host buddy to class with the exchange assisting them in their English and better understanding of the Australian way of life. The Japanese students will depart for Japan next Wednesday. This has been an exciting opportunity also for our students to hear the Japanese language that they study here at Xavier spoken by native language speakers.

God bless.
C athie B auer, 
P rincipal

Congratulations to the Kachappilly family on the birth of their brand new baby girl Michelle. Sister to Merin (Yr.3) and Milka (3 YO Kindy).

XAVIER POSITIVE BEHAVIOUR PROGRAM (XPBP)

S - Always act in a SAFE way.
U - UNDERSTAND others have the same rights as you.
P - Show PRIDE in all you do.
E - EFFORT - Always do your best.
R - RESPECT yourself, others, property & the environment.

Weekly XPBS Focus: WEEK 3
S - SAFE
At All Times
SIT AND EAT YOUR FOOD IN THE EATING AREA!

Next week - Week 4:
P - PRIDE
At All Times -
PUT YOUR THINGS AWAY IN THE CORRECT POSITION WHEN YOU ARE FINISHED WITH THEM!

Where is Zippy this week?

Which lucky class had Zippy for the whole week?

KEEP WORKING HARD TO BE SUPER XAVIER KIDS!

PROTECTIVE BEHAVIOURS AT XAVIER
Ask your child what they have been learning in their Protective Behaviours lessons and take an interest!

TIP OF THE WEEK!
Use the language of child abuse prevention education to help your child understand the reasons for your decisions. Avoid saying “because I said so” as this does not explain ‘why’.

CHILD PROTECTION NEEDS TO BE A PRIORITY FOR EVERYONE!
TADPOLE CATCHING IN PRE-PRIMARY

Our early years students are thoroughly enjoying their play experiences in our creek. We thank our amazing families who have helped make this area easily accessible and more child-friendly. Recently, our Pre-primary students had a wonderful time catching tadpoles and learning about their habitats.

YEAR 4 EXCURSION TO THE PERTH MINT

The year 4 class had a fantastic excursion to the Perth Mint and Langley Park in the city on Tuesday. The tour was educational and fun and it was amazing to see super hot gold being poured into a bar in the dark. It was great that we all got a special gold coin to take home as well as finding out what we are worth in gold. Thank you to our parent helpers and Mrs Nelson for coming along and assisting us.

Mr Ryan Italiano
UNIFORM SHOP
NEW OPENING DAYS/HOURS
FROM TERM 4
Monday 8am-10.30am
Wednesday 1.30pm-4pm.

St Francis Xavier, Armadale - MASS TIMES
Saturday: 8.00am, Vigil Mass 6.30pm
Sunday: 7.30am, 9.30am & 6.00pm
Monday: 8.00am
Tuesday: 7.00pm
Wednesday: 9.00am
Thursday: 8.00am
Friday: 9.00am

St Kevin’s, Serpentine
Sunday: 9.00am (Note: there will be no Mass at St Kevin’s on the fourth Sunday of the month.)
St Maria Goretti Church in Jarrahdale on the 4th Sunday of every month.
Mass at Schoenstatt Shrine every Friday at 10.00am followed by morning tea.

Mums & Bubs Group
This great group of families with young children continue to meet and support each other in the difficult job of parenting whilst giving their children the opportunity to socialise and play with others in a safe and friendly environment.
EVERY Thursday the group continue to meet from 9am in the Kindy Gold classroom.

ATTACHMENTS
1. Sealed Envelopes to all Yr.6 families
2. How to Deal with School Anxiety Pt.1 Flyer