12 February, 2015 Vol.02/2015

From the Principal ........

Opening Whole School Mass

We had our opening School Mass last Friday. As a Catholic School, our mission is to support all our families in the holistic education of their children including education in faith. Participating in the Eucharist at Mass is central to what we believe as a Catholic community. We would love to see our families leading by example and demonstrating to their children the importance of the Eucharist in their lives.

Yesterday at Sacred Heart School, Thornlie our very dedicated school staff gathered along with colleagues for the Catholic Schools’ Eucharistic Celebration. This included the Commissioning of staff new to Catholic Schools in the Archdiocese of Perth including some of our new staff members.

Welcome Back Movie Night

What a fabulous night for the beginning of the school year! Thank you to the Parents and Friends Committee and their helpers! The numbers of families, especially those joining us new this year, enjoyed a wonderful evening under the stars. Thanks for your participation!

ESSENTIAL - Parent Information Night – It is vitally IMPORTANT that EVERY family, with children in Pre-primary to Year 6, have at least one parent/guardian attend the Parent Information Evening on Tuesday 24 February.

Please MAKE EVERY EFFORT to attend so you can support your child’s education in an informed and positive way. EVERY child is different just like every teacher is different and every year is different! Please come along and hear ALL the relevant information first-hand for yourself! The meeting begins at 6.30pm in the Undercover Area. It is vital that you hear procedures, expectations, student management plans and information regarding your child’s year at school. Each family will also be receiving a package containing the Family Information for 2015, along with several forms to be completed to update school records. PLEASE come prepared to complete these forms if possible on the night!

A child-minding service for families that absolutely need it because they would otherwise not be able to attend (it is preferred that children be at home with other family members if possible) is being provided in the school library by school staff. We cannot accommodate very young children (under 18mths) or children who are extremely upset at leaving their parent. Please phone the school office if you require child minding to attend the Parent Information Meeting.

CALENDAR OF DATES

Friday 13 February
8.10am Rock Band
Saturday 14 February
6.30pm Sacrament Commitment Mass
Sunday 15 February
9.30am Xavier/ChiRho Family Mass/Com. Mass
Monday 16 February
8.45am Assembly Kindy Blue
3-4pm After School Sports
3-4pm Netball Training
Tuesday 17 February
Shrove Tuesday
9am P & F Meeting
6pm School Board Meeting
Wednesday 18 February
9am Ash Wednesday Whole School Mass
3-4pm After School Sports
Thursday 19 February
9am Xavier Mums & Bubs
3-4pm Dance Troupe
Friday 20 February
8.10am Rock Band
Saturday 21 February
8am to 12 noon Busy Bee
Monday 23 February
8.45am Assembly Kindy Gold
3-4pm After School Sports
3-4pm Netball Training
Tuesday 24 February
6.30—8.30pm Parent Information Night

Xavier News

A Prayer On St. Valentines Day

(14th February)

Heavenly Father, You are known as the God of Love, and today we are celebrating St. Valentine’s day one of the human patrons of love.

Teach us how to make use of the gift of love that you have given us, and how to combine it with the supernatural virtue that you infuse into us.

Make us faithful to our loved ones, loyal, dedicated, compassionate, and concerned.

Let us overlook their human failings and dwell on their good points.

Enable us to love them not so much for what they can do for us but for what we can do for them.

Amen.

Happy Valentine's Day
Mums and Bub’s Playgroup
Each Thursday morning ALL interested families are welcome to attend our Mums and Bubs playgroup (Dads and grandparents are also welcome) to make new friends, learn some skills and have fun with your children. This supportive group meets between 9 – 11am each Thursday of the school term. Come along for a cuppa and join in this family friendly group. Everyone is welcome!

Busy Bee
NEXT Saturday 21 February from 8am – 12noon. We need every family to make a contribution. Some families do more than their share that sends a strong message to their children that service to one’s community is important. Everyone is called to do their part – come along on Saturday and make a strong contribution. EVERY FAMILY is required to commit to at least one busy bee per year which are held on the second Saturday of each term. Your help is necessary to keep fees low and to keep money for resources and equipment for the students and help to contribute to the school environment. Everyone has commitments, even one hour means YOU can still contribute. If everyone does their bit including the children we accomplish so much and build a caring community.

Instrumental Music Tuition
On Monday morning we had a sign up for Instrumental tuition regarding learning drums, guitar, keyboard, vocals and piano at our school. These lessons are conducted at the school by private tutors from WAAM with payments being made directly to the tutors in advance each term. Costs and conditions vary depending on type of instrument and whether lessons are conducted individually or in a group, but all are very affordable. If you are interested in your child learning a musical instrument please contact WAAM through the school office or speak to Mr Hamersley.

God bless
Cathie Bauer, Principal

What is a healthy lunchbox?
Good models to use when selecting lunchbox foods are the Australian Guide to Healthy Eating or the Healthy Food and Drink Policy (also known as the school traffic light system). A healthy lunchbox should contain:

- A good helping of fruit and vegetables
- Bread/grains
- Lean protein like tuna, salmon, eggs, beans or lean meat
- Reduced fat dairy
- A bottle of water

Remember: keep treats such as chips and chocolates for weekend or party foods rather than sending them to school. Limit the number of times packaged items such as flavoured crackers and muesli bars are provided.

CRUNCH & SIP AT XAVIER
Well done to all the students who have diligently brought in their container of fruit or vegetables for Crunch and Sip on a daily basis. Crunch and Sip is a set break to eat fruit or salad vegetables and drink water in the classroom. Students re-fuel with fruit or vegetables during the morning or afternoon – assisting physical and mental performance and concentration.

HOME READING BOOKS
Well done to all parents and students for making a conscious effort to return reading books promptly in the 2014 school year. Please continue to be diligent in returning all borrowed levelled reading books if you are in Years One to Four. Books are being changed every Monday and Thursday, so please remember your satchels.

Fee Discounts for Pension/Health care Card Holders
All families who hold a valid Pension/Health Care Card are reminded to produce a copy to the school office by Friday 13 February (before 9am at the latest), if you wish to obtain the discount on your school fees. Please note that discounts will not apply if we do not have a current copy and further discounts will not be processed until Term 2.

Netball starts THIS Monday, 16 February from 3 – 4pm. Please remember to have your hat and drink bottle. Feel free to come along and help. Please join us at 3pm on the court on the oval. Please return note sent home today, by Monday 16th February to register your child’s interest.
SACRAMENT COMMITMENT MASSES
THIS WEEKEND – 14th & 15th February

All students who will be receiving the Sacrament of Reconciliation, Eucharist or Confirmation are to attend one of the Masses this weekend; **Saturday 14th February at 6.30pm or Sunday 15th February at 9.30am.** At the Mass both the parents and children will be asked to pledge that they will take part in the preparation for these Sacraments. They will hand in their pledge to Father Kaz and receive a special pin that the children can wear to show they are in preparation to receive the sacrament.

**PLEASE MAKE SURE YOU MAKE THE EFFORT TO ATTEND MASS THIS WEEKEND.**

IF YOU ARE UNABLE TO ATTEND YOUR CHILD WILL NOT BE GIVEN THEIR SACRAMENTAL PIN. YOU WILL NEED TO MAKE THE EFFORT TO ATTEND MASS ON ANOTHER WEEKEND AND MAKE TIME TO SEE FR KAZ & HAND IN YOUR PRAYER PLEDGES TO SHOW YOUR COMMITMENT.

SACRAMENTAL PROGRAMS 2015

We are a parish school which exists to provide a Catholic education for our students. Preparation for the Sacraments is Family Focused, Parish Based and Catholic School supported. This means that the school supports the Sacramental preparation through the use of the Religious Education units. Catholic schools teach about the Sacraments, but do not initiate the children into our faith community. This is the role of the family in the parish setting. The Parish organises the Sacramental programs to support parents in handing on their faith to their children.

This year in our parish we will celebrate the Sacrament of Reconciliation in June, the Sacrament of First Eucharist in August and the Sacrament of Confirmation in September. For students in Year 3, 4 and 6, notes were sent home on Monday of this week with information regarding the Sacramental program.

*Please read through all the information and return the enrolment form to class teachers no later than tomorrow.*

WHOLE SCHOOL MASS
TO WELCOME THE NEW SCHOOL YEAR & COMMISSIONING
FRIDAY 6th FEBRUARY

Thank you to all the students who contributed to the ministry of the Mass last Friday to welcome the new school year and commissioning of staff.

LITERACY TIP OF THE WEEK!

**I READ TO YOU, YOU READ TO ME**

Take turns reading aloud at bedtime. Kids enjoy this special time with their parents. Make it fun by changing your voice when the characters are speaking!

NUMERACY TIP OF THE WEEK!

**MEASURING MADE FUN!!**

When measuring for cooking or baking, have your kids make the measures for you. Once they get used to the whole and fractional measures, limit what they can use so that they have to reason how to get the measure they want. (For example, measure a cup of flour using only the 1/4 or 1/3 cup measures.)
MESSAGE FROM SCHOOL HEALTH NURSES

We are based at the Community Health and Development Centre in Armadale, and will be visiting the school regularly throughout the year. My name is Felicity Cole and I am available to discuss any health concerns you may have about your child. I can be contacted on 9391 2280, 9391 2220 or through the school. I am also available on email: felicity.cole@health.wa.gov.au

IMMUNISATIONS

Is your child attending Kindergarten for the first time?
The National Health & Medical Research Council (NH&MRC) recommends that children who have turned 4 years of age have the following booster immunisations:
- DTpa-IPV (vaccine against Diphtheria, Tetanus, Pertussis (whooping cough) and Polio)
- MMR (vaccine against Measles, Mumps and Rubella)
And all other WA schedule vaccinations recommended, completed. Your child can have these immunisations from 3 ½ years of age.

These should be given before starting pre primary.
If you need more information about these vaccines please phone one of the following:
Armadale Immunisation Clinic – 9391 2220
Central Immunisation Clinic in Perth – 9321 1312
Australian Childhood Immunisation Register – 1800 653 809 or www.humanservices.gov.au
or email acir@humanservices.gov.au

If a measles case occurs in a school, the Principal has the right to exclude non-immunised children from school for 14 days.

HEAD LICE

Head lice outbreaks occur frequently in primary schools during the school year. The Department of Health recommends the following method of treatment:

10 day Hair Conditioner treatment
If you do use insecticide treatment, it must be applied and then repeated as per the manufacturer’s recommendation. Parents’ can assist in the prevention and control of head lice by checking their children’s hair frequently using the hair conditioner method and treating appropriately when necessary. Friday is a good day to check hair as treatments can be commenced over the weekend, if needed, and no school time is then lost. A head lice fact sheet is available at the office. Please consult your School Health Nurse if you require further advice on head lice management.

MEDICAL CONDITIONS

Please advise the school if your child has a medical condition that may require treatment during school hours. A care plan will need to be completed / updated by your GP and provided to school.

Thank you.
Felicity Cole, School Health Nurse

ATTENDANCE AND PUNCTUALITY

Thank you to all parents who are ensuring their children are at school before the 8.40am official start of school day. Parents/guardians are required to ring the school or inform the teacher before 9am to report their child’s absence. Your cooperation as always is appreciated.

LOST AND FOUND.......

- Gold Bracelet in carpark.
- Woolworths Essentials card in the junior playground.

Please see Gretal in front office.

Emmanuel College:
2017 Year 7 Enrolment Interviews have commenced now.
For further information please contact our Registrar
Mrs Kelly Lister on 9414 4055, or email
lister.kelly@emmanuel.wa.edu.au

Trinity College:
Will shortly commence enrolment process for intake into Year 7 for 2017. For further information ring the Registrar on 92238121.

St Brigids College: Open Day on Friday 13 March.
For further information regarding Scholarships ring 92904237.

Wanted
Year 2 Gold is in need of your old Digital Cameras. We are looking at Photography as an interest topic and Free Time option. Please drop any working cameras (and accessories) off to us. Thanks.

St Francis Xavier, Armadale - MASS TIMES

Saturday: 8.00am, Vigil Mass 6.30pm
Sunday: 7.30am, 9.30am & 6.00pm
Monday: 8.00am
Tuesday: 7.00pm
Wednesday: 9.00am
Thursday: 8.00am
Friday: 9.00am

St Kevin’s, Serpentine
Sunday: 9.00am (Note: there will be no Mass at St Kevin’s on the fourth Sunday of the month.)

St Maria Goretti Church in Jarrahdale on the 4th Sunday of every month.

Mass at Schoenstatt Shrine every Friday at 10.00am followed by morning tea.