From the Principal ........

Welcome Back
Welcome back to the final school term for 2014. We extend a special welcome to our new families that have joined us recently, especially Nicole (Year 1G) and Noemi (Year 2/3) all the way from Italy. We thank you for joining us at Xavier and know you will be made to feel very welcome.

In-Term Swimming Lessons
Swimming lessons began this week and run daily until Friday 24 October.

Summer or sports uniform is acceptable to be worn to school every day however ensure the complete uniform is worn and not a combination of the two. ALL items must be clearly labelled.

Children being collected from the swimming pools on a regular basis MUST give the classroom teacher a written note in the morning before school. One off collections from the pool still requires a green slip to be completed in the morning before school.

Summer Uniform
ALL students are to wear Summer Uniform in Term 4 including correct black school shoes, white school socks for girls and grey school socks for boys.

Parents are reminded to abide by their commitment to the Uniform Policy and Dress Code of the school by ensuring their children leave home each day correctly dressed and groomed. Thank you.

BUSY Bee
Next Saturday 25 October from 8am to 12noon. If YOU have not assisted this year, NOW is YOUR opportunity. Please plan to spend some time helping out at your children’s school. We especially encourage our Year 6 councillors for their last opportunity to do something for their primary school prior to leaving at the end of the year. WE NEED YOU! It also helps to build community and enables greater opportunity for personal contribution. More information to follow in next week’s newsletter. Make plans NOW to be there!!

Building Update
There are now three separate areas of construction for Stage 3: Kindergarten in front; administration extension and a new toilet block adjoining the current Year 4. Each area is fenced off and secure from public access. Kindergarten building is apparently on track for 16 January 2015 completion for staff access. Staffroom has been relocated and temporarily set up on the side of the library. The administration block is confined and has limited office space. As the rear of the administration area is a construction site and as there is limited access through the office itself, people are asked to use the side gate access instead of coming through the building.

The gate will be closed but unlocked so please CLOSE THE GATE on entry and exit! This part of Stage 3 is proposed to be finished mid March 2015. The toilet block will be attached to the current Year 4 class end of the new building and also include a large cleaners store facility. The cleaner’s storage including cleaning chemicals is being temporarily housed in the Universal Access Toilet (UAT) in the Loreto block and therefore this toilet is not currently available for use.
Walk to School & Breakfast Wednesday 22 October

City of Armadale are offering this opportunity to the 4 schools surrounding Armadale Arena, including our attendance. **Wednesday 22 October** is Walk to School Day. They are offering 100 places to Xavier for students to participate in their Walk to School Day Active Breakfast. Participants will receive a healthy breakfast including smoothies and fruit and will have the opportunity to participate in fun activities to kick start their morning, with prizes on offer for those who show great effort and teamwork during the morning. The event will commence at 7.45am at Armadale Arena and at the conclusion, 8.45am students will walk back to school escorted by Xavier staff and we are encouraging parents to volunteer their time to assist. We will be back at school by 9am. Some staff members will remain at the school to attend to the students who gather in the covered area as usual.

Schoenstatt 100 Years Celebration

Year 5 and 6 students have been invited to attend the centenary celebrations of the Schoenstatt Movement by participating in their Jubilee Mass and assisting with the hospitality at the Shrine. The **Mass begins at 2pm this Sunday 19 October**, and will be celebrated by Archbishop Emeritus Barry J Hickey, followed by afternoon tea. YOU are ALL invited and it would be lovely to see many of the Xavier community showing their support.

Maggie Dent

We have been extended an invitation to attend a Maggie Dent seminar “Real Kids in an Unreal World”, to be held at Notre Dame Catholic Primary School on Monday 17 November at 7:00pm. Cost is $20 per ticket. Maggie Dent is renowned and absolutely worth the drive so buddy up with some other families and hear this entertaining mum talk about building resilience and self esteem in today’s children. It is the evening of our Pupil Free Day. **RSVP to:** Trybookingwww.trybooking.com/FMDD.

God Bless.

*Cathie Bauer*, Principal

**ASSISTANT PRINCIPAL ADMIN REPORT**

**Library Councillors 2014**

**Jonathan Williams:**
Best part of job: Get to stay in and help after lunch
Career: Mechanical Engineer
Favourite Subject: English
Favourite Food: Ribs

**Cameron McCagh:**
Best part of job: Get to help the Librarian and little kids select books.
Career: Become a Librarian
Favourite Subject: Maths
Favourite Food: Tacos

Dear Parent of tricky teens,

Ah, the joys of parenting teens! It sounds like you need to change your parenting game now that your kids have moved into adolescence. If your discipline revolves solely around ‘confiscation’ then its effectiveness will soon wear off, and relationships will wear even thinner.

**Watch your framing**

Most teenagers, I know, like to think they can’t be told what to do. Part of the trick of getting co-operation is not threatening their need to feel like they are in control so watch how you frame up your message. Giving choices, asking rather than telling, giving them some thinking time, and giving them time to do things (rather than right away) tend to be the most successful methods for getting teen co-operation.

**Do as they do**

Young people can spot hypocrisy miles away so make sure anything you require of them, you also do. Want IPad turned off after 9.00pm? Then make sure you don’t use your IPad at midnight. What’s good for the goose is also good for the gander?

**Vary and consult**

As to setting consequences, try varying them, rather than sticking to the same old, same old. Consider consulting with your young person about suitable consequences before you give them a right. For instance before they start going out at night, discuss with them, indeed ask them, for some suitable consequences if they don’t come home at the agreed time. Surprisingly many teenagers set far harsher consequences than their parents ever would.

**Stick to the 3 R’s**

And don’t forget that the consequential learning is based around 3 R’s. That is, consequences are Related to the misdemeanour, Respectful of their dignity and Reasonable (you’re grounded for a year is over the top!). Keep these in mind and you can’t go too far wrong.

**Hang tough**

Teenagers still need a parent who is willing to set limits, insist on reasonable standards of behaviour and makes them accountable. They generally won’t thank you at the time for being tough. That will come when they are in their 20’s and they realise that they were lucky enough to have someone resilient in their lives who kept them safe and helped them to become social (when they often weren’t). And that they had someone who was patient enough to live with their contempt!
You are invited to join us in celebrating the major event of the Schoenstatt 100 Year Jubilee Solemn Mass and the Covenant of Love Celebrated by Archbishop Emeritus Barry J. Hickey Sunday, 19th October at 2pm Schoenstatt Shrine 9 Talus Drive Mt. Richon, Armadale www.schoenstattwa.org.au (08) 9399 2349 Light refreshments provided Please contact Leonora 0439441944 If you can help providing soft drinks

NUMERACY TIP OF THE WEEK!

READING THE TIME

To assist your child to learn how to read a clock and understand duration here are some helpful hints. Talk about the hands on the clock and the difference between each hand. Ask students to read both analogue and digital clocks. Begin with hour times, then progress to half past, then quarter to and quarter past and then minutes. Look at both analogue and digital clocks.

LITERACY TIP OF THE WEEK!

SEND A MESSAGE

Frequently leave notes on pillows, desks, mirrors, wherever. Have your child write you a note in return. A family chalkboard or message board is a great tool for encouraging your child to write messages.

SWIMMING LESSONS

Swimming lessons began on Monday with all students from Pre-Primary to Year 6. The students were all beautifully behaved and it was great to see all children having a go and enjoying being in the water. Keep up the excellent behaviour and great listening skills! ☺

Schoenstatt Spring Affair

Sunday, 2nd November 2014
From 10 am till 2 pm
At the Schoenstatt Shrine.
Be in it to win it.

HOUSE POINT RESULTS FOR TERM 4 WEEK 1

Will be tallied tomorrow

Keep working hard to be awarded house tokens!

Well done to those of you who are displaying the appropriate behaviour, wearing your uniform with pride and eating healthy food at recess and lunch.


**Relationships Australia—Parent—Child Connection**

Raising children should be one of life’s greatest experiences, but as any parent knows, it is not an easy task. People with children under ten are invited to this four-week course to learn new skills, feel better about their parenting, and gain confidence. Topics include:

- Developmental stages of children and temperamental traits
- Different parenting styles
- Need for boundaries and rules, the giving of instructions and the consequences, both negative and positive, of withdrawing attention
- Understanding behaviour patterns and communication
- Need for positive self-esteem and resilience
- Environmental influences
- Discipline that works

**COMMANITY SAFETY DAY**

Sunday 19 October 2014 from 10am to 3pm
Minnawarra Park, Cnr Armadale Road & Orchard Ave
There will be plenty of fun activities including: Fingerprinting, Free Throw, Urban Art, Ewatch, Health assessment, Beer Goggles, etc and lots more!!!!

**Relationships Australia....Building Stronger Families**

**.......a course for the whole family**

The six week course is designed specifically for families with children over the age of 10. Inclusion is the key, and any adult involved in the parenting process is invited to come along and learn the skills needed to keep your family healthy. Parents learn how to be leaders and role models. Children learn how to be special and also how to belong. This course is based on the work of George Doub and Florence Creighton, authors of Survival Skills for Healthy Families. Participants learn:

- Three basic skills: speak, listen and cooperate
- How to build on the strengths in their family
- Six rules for successful family meetings
- Society’s rule on abuse and neglect

**WEST LEEDERVILLE, 22 Southport Street, Cnr Cambridge Street**

Monday 17, 24 November and 18 December

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**PERTH WALK**

FOR CHILDREN WITH ALLERGIES
Sunday 19th October 2014 at Burswood Park

Join us to help raise awareness of Food Allergies and Anaphylaxis of Children in WA. One in 10 babies will have a Food Allergy or Allergy of another type – Medication, Insects, Environmental, or Foods and Additives are the main culprits of allergies which can cause Anaphylaxis. The 6km Walk from Burswood Park will be the first for Allergy and Anaphylaxis Australia in WA. Monies raised by the walk will be donated to the charity to help with further awareness campaigns, and support for people dealing with Allergies and Anaphylaxis. **Walk begins at 10:30am with a sausage sizzle afterward at Burswood Park.** For more info go to the link above or Scan this QR Code into your Smart Phone.

**Registration is $10** – all participants will receive a sample bag with goodies from our sponsors. Pre-Register on http://perthwalk4allergie.wix.com/perthwalk4allergies or on the day from 9:30am.

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**ATTACHMENT**

1. Triple P Invitation
2. Protective Behaviours letter (selected)

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**TEENS ‘STRONGER RALLY’**

Join the YBC this Friday evening from 6.30pm to 8.30pm in the Parish Hall. For youth year 6 to year 12. A night full of fun, music, talk and games presented by the YBC in conjunction with Catholic Youth Ministry. This is the third rally this year held in the Archdiocese, so please come along, bring a friend and mix with other faith filled young people. Entry is a gold coin donation - roast beef rolls and cool drink will be provided.

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**SCHOOL BANKING**

Please note that School Banking will be on this Friday from 8.20am onwards. The staff from Commonwealth Bank will be at the school for signing up new account holders if anyone is interested in opening up new accounts.

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**St Francis Xavier, Armadale - MASS TIMES**

Saturday: 8.00am, Vigil Mass 6.30pm
Sunday: 7.30am, 9.30am & 6.00pm
Monday: 8.00am
Tuesday: 7.00pm
Wednesday: 9.00am
Thursday: 8.00am
Friday: 9.00am

**St Kevin’s, Serpentine**

Sunday: 9.00am (Note: there will be no Mass at St Kevin’s on the fourth Sunday of the month.
St Maria Goretti on the 4th Sunday of every month.

**Mass at Schoenstatt Shrine** every Friday at 10.00am followed by morning tea.

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**I love Book Club**

Book Club Issue 7 going home tomorrow and due back on Wednesday 29 October.