Prayer to Mary Help of Christians
Patroness of Australia—(Feast day Saturday 24 May)
Most Holy and Immaculate Virgin, Help of the Christians, we place ourselves under your motherly protection. Throughout the Church’s history you have helped Christians in times of trial, temptation and danger. Time and time again, you have proven to be the Refuge of sinners, the Hope of the hopeless, the Consoler of the afflicted, and the Comforter of the Dying. We promise to be faithful disciples of Jesus Christ, your Son, to proclaim His Good News of God’s love for all people, and to work for peace and justice in our world. With faith in your intercession, we pray for the Church, for our family and friends, for the poor and abandoned, and all the dying. Grant, O Mary, Help of Christians, the graces of which we stand in need. May we serve Jesus with fidelity and love until death. Help us and our loved ones to attain the boundless joy of being forever with our Father in heaven. Amen. Mary, Help of Christians, pray for us!

From the Principal ........

National Walk Safely to School Day
TOMORROW we will be leaving the Armadale Recreation Centre on the corner of Forrest Road and Townley Street at 8.10am. We encourage all families to join us for the 1.3km walk to school. The objectives of Walk Safely To School Day are:
- To encourage parents and carers to walk to school with primary school age children and reinforce safe pedestrian behaviour.
- To promote the health benefits of walking and help create regular walking habits at an early age.
- To ensure that children up to 10 years old hold an adult’s hand when crossing the road.
- To help children develop the vital road-crossing skills they will need as they become mature pedestrians.
- To reduce the car dependency habits that are being created at an early age and which will be difficult to change as children become adults.
- To promote the use of public transport.
- To reduce the level of air pollution created by motor vehicles.
- To reduce the level of traffic congestion.

Faction Cross Country
Faction Cross Country will take place TOMORROW from 9.30am on the school oval. All students from PP to Year 6 will run their course around the oval whilst the other students cheer on their faction and everyone who finishes gets points for their faction. There are awards for the fastest time and lots of great fun. Parents and families most welcome to join us.

FOODcents Workshop
The FOODcents program will be presented by Amanda Bowen on Thursday 29 May from 9am to 11am in the Pre-Kindy classroom with the Mums & Bubs Group. FOODcents is an education program that helps families to achieve a healthy diet and to save money on their grocery shop. This is a FREE workshop and everyone is welcome (not just mums with bubs)! Mums and Bubs group meet every Thursday in the school so come along and join in.

Enrol NOW for Kindergarten 2015
Interviews for four year old Kindergarten will be conducted in the next few of weeks. If you have a child who turns 4 years of age between the 1 July 2014 and the 30 June 2015 they are eligible to attend 4 year old Kindergarten in 2015. Enrolment forms must be completed for all children wishing to attend Xavier School (including siblings and those attending 3 year old Kindergarten). If you haven’t yet completed an enrolment form or know anyone who has an eligible child, please ring the school office on 9391 7000 or come in and collect an enrolment package immediately.
Healthy Environment at Xavier
As a whole school community our focus is on education for a healthy environment which includes food, drinks, sleep, exercise and looking after our environment. Congratulations to the families who have continued to pack healthy food with little or no packaging each week. Each week we will be looking at targeting one thing to assist with this goal. Families are encouraged to take up the challenge and work towards promoting a good healthy lifestyle for their children now and into the future. **Healthy WEEK 4 CHALLENGE** = Have at least 2 fruit & 5 veg each day.

Building Program 2014 -2015
As we move further towards our double stream school it is obvious that we will need more classrooms and facilities. To this end our Stage 3 building program will begin very soon with the construction of an Early Learning Centre for Pre-Kindy and Kindergarten. This new building will be constructed on the hilly section of the senior oval facing towards the current Pre-Primary. Another toilet block will be built adjacent to the current Year 4 classroom and an extension of the staffroom and administration building. The School Board and I will be endeavouring to ensure that all construction is done with the minimum of disruption to the students and their families including access to the site. It is planned that as much work as possible will occur during school holiday breaks and construction completed over the Christmas break for occupancy at the start of the school year in 2015. Safety and the minimisation to the regular school day is a high priority as was the case with our construction during the BER. We will keep you updated with the progress and look forward to seeing our newest facilities take shape.

Walking through the Car Park
Children learn by doing and following the example of adults in their lives. It is only a matter of time before someone is hit by a car as they can’t be seen walking through the car park behind backing vehicles. Children are being told to **walk on the paths around** the car park and not to cross the parking areas but instead **walk safely around the path**. Please help us to keep your children safe and take a few extra steps following the path for safety.

God Bless.
**Cathie Bauer**
**Principal**

**ASSISTANT PRINCIPAL ADMIN REPORT**

**FACTION CROSS COUNTRY 2014**
The faction cross country carnival will take place tomorrow, **Friday 23 May from 9:10am to 10:40am on the school oval for all the children in Pre Primary to Year 6**.
It is a very challenging event and we would love as many parents there to cheer on the children. The champion boy and girl in each grade will receive a medal. Second to fourth will receive a ribbon. The top 5 boys and girls in Yr 3-6 receive a place in the interschool team for week 6.
The classes will run the following distances:
Pre Primary = 180m, Yr.1 = 250m, Yr. 2 = 500m, Yr. 3 & 4= 800m, Yr. 5 & 6 = 1000m
Children are required to run in sport shorts, faction top and sneakers (no spikes).
Thank you, Mr Hamersley

**Parenting Tips by Michael Grose**

Every parent I know wants a great relationship with their child. Rituals and traditions build close families. In fact, a strong food culture underpins most strong families I know. It helps if parents have some spine to make sure kids of all ages come to the meal table and participate in other rituals and traditions.
These rituals build wide relationships – that is, they gather the tribe together creating a wide relationship circle.
Individual parent-child relationships need to go deep.
The easiest way to build a deep relationship between you and each child is to spend **one-on-one time together**.
Go somewhere for a whole day with a child.
Go away for a weekend with just one child.
Do things you enjoy.
Camp if possible.
These shared experiences can have a magic impact on relationships. They can sometimes lead to vast improvements in children’s behaviour.
Another way to build deep relationships is to have a shared interest with a child. Having something in common whether it’s shared love of sport, books or a hobby, creates an individual bond that goes deep.
Deep relationships provide **leverage**. They also survive the potential storms of adolescence.
Relationships can become stormy and intense during adolescence - with some ages being more amenable to positive relationship-building than others.
Developmentally, it’s easiest to build deep relationships in the opportunity years of latency - five through to ten years of age.
Make it happen. One-on-one time generally needs to be organised. It generally won’t happen by accident.
It takes time. It takes energy. It takes support mechanism to make them happen. Most of all takes permission.
But one-on-one time is so worth the effort.
**One-on-one time is the coat hook upon which each of your children will hang their memories of you.**
SACRAMENT OF EUCHARIST
PARENT & CHILD WORKSHOP
Thursday 29 May @ 7pm

Students in Year 4 who are enrolled to make their First Holy Communion this year, are required to attend the Parent and Child Workshop on Thursday the 29th May at 7pm in the Parish Hall.

As well as learning about this beautiful Sacrament many of the practicalities relating to this special day will be explained. We look forward to seeing you all there! 😊

All children enrolled for this Sacrament must attend the workshop. Please read the accompanying letter and return the attendance slips to Mrs Hind before next Thursday night, thank you!

LIFELINK FUNDRAISING
This term our Social Justice fundraising event will be held on LifeLink Day, Wednesday 4 June. Below is information about the fundraising event that will be organised by our Year 6 students to help us raise the much needed funds for LifeLink 2014.

The LifeLink Day Schools Initiative was established in 1999 to...
- To promote understanding of the Church’s response to people in need within the community;
- To instil in Catholic students attending Archdiocesan Schools, a sense of responsibility for caring for those less fortunate;
- To provide education and information of the work the LifeLink social service agencies, which help many thousands of Western Australians in need each year;
- To encourage a “practical demonstration of Faith” by asking students, teachers and schools to organise a special fundraising event for LifeLink Day, with the proceeds aiding people in real need within the community.

Lifelink Day Fundraising Event
‘Xavier Minute To Win It’!
Wednesday 4 June 1.20pm

All students from Pre-Primary to Year 6 are encouraged to bring in all their spare coins to play “Xavier Minute To Win It”!

The Year 6’s will organise the Minute To Win It Stations in the undercover area and tokens will be given to students who complete the challenges.

Japanese with Mrs Pitman

A few weeks ago students celebrated Kodomo No Hi, Children’s Day, in Japanese! Empowering head bands and origami samurai helmets were made, beautiful carp fish kites were created and students played with traditional Japanese toys! Fun had by all!

LifeLink Day - Fundraising Event
9am - Year 6 & PPG & PPB Participation Mass
4 June Life Link Day - Fundraising Event
8 June Family Mass - Pentecost Sunday
Good Shepherd Catholic Primary School
Arbuthnot Street Kelmscott
Friday, 6 June 2014   10:00am
Morning Tea and Sausage Sizzle
Sausage Sizzle $2.50
Cans of drink $2.00
Combo $4.00
Hot Drinks $2.00
Cakes and Slices  50c - $3.00
Available for purchase

ATTACHMENTS
1. Year 4 Eucharist Attendance Workshop Letter

New families who would like a name tag for their car during Kiss-N-Drive, may request one by ringing the school office on 93917000.

COFFEE AND CHAT MORNINGS
Are you NEW to our school OR would you like to have a coffee, chat and catch up with friends? We welcome everyone to come along to a ‘COFFEE AND CHAT MORNING’, straight after school drop off on the first Tuesday of every month. This is an informal morning tea and will be in the OSHC meeting room.

BE ALLERGY AWARE
Xavier Catholic School is ALLERGY AWARE
NO NUTS ALLOWED!!
Please note: Uncle Toby’s muesli bars contain almonds - even the Choc Chip ones!
And no peanut butter or nutella!

Just a reminder that school banking is on Friday mornings.

St. Francis Xavier, Armadale - Mass Times
Saturday:  8.00am, Vigil Mass 6.30pm
Sunday:  7.30am, 9.30am & 6.00pm
Monday:  8.00am
Tuesday:  7.00pm
Wednesday:  9.00am
Thursday:  8.00am
Friday:  9.00am

St Kevin’s, Serpentine
Sunday:  9.00am (Note: there will be no Mass at St Kevin’s on the fourth Sunday of the month.
St Maria Goretti on the 4th Sunday of every month.

Mass at Schoenstatt Shrine every Friday at 10.00am followed by morning tea.

Inter Schools Cross Country Carnival

Good Shepherd Catholic Primary School
Arbuthnot Street Kelmscott
Friday, 6 June 2014  10:00am
Morning Tea and Sausage Sizzle
Sausage Sizzle $2.50
Cans of drink $2.00
Combo $4.00
Hot Drinks $2.00
Cakes and Slices  50c - $3.00
Available for purchase

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